



# SUPPORTING YOU HOW YOU WANT US TO

Person Centred Practice Approach



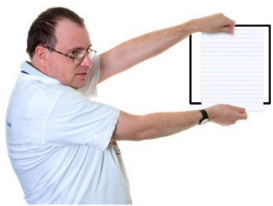
# AXIS SUPPORTS PTY LTD

## How to use this document



This information is written in a way that is easy to read.

We have used pictures to help you understand the things we talk about.



The document is part of a longer document.



You can read the longer document on our website. Or you ask us for a copy.



## What is in this document

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## Why we made this document

Person Centred Approach means that your decisions are the most important in your life.

This document describes how we will help support you in your decisions.

This document is to help everyone at AXIS SUPPORTS work with you in the way you want us to.

This document says how everyone who gets support from us can be supported in the way that is best for them.

We want to make sure that we support you and the people you know so that you have a good life.

We want you to have the things you want and the things you need.

We want everyone who works at AXIS SUPPORTS to read the document.

That will help us all know and do the same things.



## What we hope will happen



We hope that our commitment to support you how you want, will help good things to happen for you.

Some things we hope will happen are:



- you will have more choices and more control of what happens in your life.



- staff at AXIS SUPPORTS will know how to support you in the way you want.



- anyone who comes to AXIS SUPPORTS will know that they can be supported in the way they want.

## What we are doing to support you how you want



We want you to achieve your goals and have the good life that you want.

We are doing lots of things so this will happen.

Things we do include:



- listen to you



- plan with you



- work as a team.



## What we mean when we say that we will support you how you want **us** to



Everything we do should focus on what is important to you.

It should help you take part in the things that are happening in your area.

We need to ask questions.



- What do you want to happen in your life?
- What are your strengths?
- Who are the important people in your life?
- What do you need?



And then think about how to support you to make it happen

## More about what we mean when we say that we will support you how you want



You may get support from lots of places. Not just us. This is good.

- You may get support from people you know.
- It could be from ordinary supports available to everyone. Like a gym.
- Or it could come from disability services.

Planning can help you work out what you want and need.



It can help you think about the support you need to achieve your goals.

People should listen to you when you plan.

People you know and trust should also take part and give you ideas.

These people could be your family and friends.





## More about what we mean when we say that we will support you how you want



Funding can help you do what you want.

It can be just for you. Not a group.

You can say how you want to use your funding.



Your family might also be important to you getting the support you need.

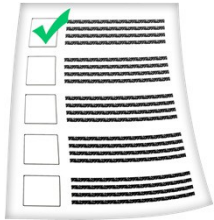
For you to get the support you want, AXIS SUPPORTS, must do some things.

Like:

- have leaders that want you to control what happens in your life and expect people to support you to do that
- have chances for staff to learn how to support you the way you want
- have staff that value you as an important member of your community.



## Things that happen when you get the support you want and need



Here is a list of the things that can happen when you get the support you need.



1. People know you are different from everyone else. And that is good.



2. You get the information you need to make choices.



3. People do not tell private things about you.

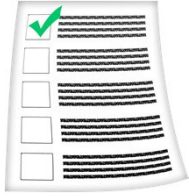


4. You are supported to do things for yourself.



5. You are supported to be a valued part of your community.

## Ideas that make sure we support you how you want



Here is a list of ideas that make sure we support you how you want.



1. You are part of all planning choices. As much as you want.



2. AXIS SUPPORTS thinks you should be able to go where you want. When you want. In all parts of life.

This could be at work. Or playing sport.



3. The most important thing is what happens for you.

4. You are supported to do things with all the important people in your life.

You are also supported to develop more connections. These can help you do more things.



## More ideas that make sure we support you how you want



5. Your support is to help you get what you want and make your dreams come true.

We will look at the things you are great at. Plus where you need support.



6. We will work with you how you want. No matter what is important to you



7. We will plan with you about all parts of your life. Not just about the support you get from AXIS SUPPORTS.



8. We know that things will change with you over time.

We will keep listening to you and asking what you want.

## Your rights



We think that your rights are important.



There is a convention called the United Nations Convention on the Rights of Persons with Disability that guides our work.

This is an agreement that says that people with disability have the same rights as everyone else.

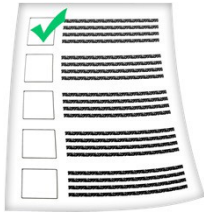
These are rights to ordinary things like:

- getting a job
- learning in the place you want
- being able to see a doctor.



It is important that we think about the convention when we support you.

## What we focus on so you are supported how you want



Here is a list of the things we give most attention so you can get the support you want.

Supporting  
you how  
you want

1. AXIS SUPPORTS says how it supports people to do what they want.

And people who work at AXIS SUPPORTS understand that and do that.

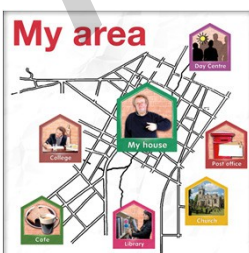
I decide...



2. Everyone at AXIS SUPPORTS needs to believe that you should say how you are supported.



3. Our focus needs to be that you have the support you need to have a good life.



4. You need to be supported to be part of your community.



## More about what we focus on so you are supported how you want



5. Staff at AXIS SUPPORTS need to value you.

They also need to be supported to do their job.



6. We need to keep thinking about how to support you better.



7. We need to work with other people and organisations so you can achieve the life you want.



This fact sheet has been made easy to read by



Council for  
Intellectual Disability